



Competition Information

38th Mercantile Annual Athletics Championships - 2023

1. Dates – 25th and 26th November 2023 *

An additional day (24th November 2023) will be arranged considering the number of entries received for the meeting.

2. Venue

Track and Field events:

The Outdoor stadium at Sugathadasa International Outdoor Sports Complex will be the venue for athletic competitions. The Stadium has an eight lane synthetic track with facilities for all standards athletic events.

3. Walking Events

The race walking events will be continued on synthetic track

4. Time

25th November 2023 – 6.30AM - 6.00PM

26th November 2023 – 7.00AM - 6.00PM

5. Participants

Participants only from private companies and those companies must hold membership of Mercantile Athletics Federation.

6. Age Groups

Men: Novices / Championships/ Over 30 / Over 35 / Over 40 / Over 45 / Over 50 / Over 55

Women: Novices /Championships / Over 30 / Over 35 / Over 40 / Over 45 / Over 50 / Over 55

Please Note: Novices those who have not been placed 1st, 2nd or 03rd in major athletic meets including Mercantile Athletic Championships, State Services, Nationalized Services, and Public Schools, International and National level Championships and Meetings.

(If you fill two or more age groups in one form, those entries will not be accepted)

If minimum of 03 athletes are not forward the entries to an event, MAF has the right to cancel such events and will be informed to coordinators during the technical meeting.

7. Age Groups (For Men and Women)

Age Group	Born on or After	Born on or Before
30	26th November 1988	25th November 1993
35	26th November 1983	25th November 1988
40	26th November 1978	25th November 1983
45	26th November 1973	25th November 1978
50	26th November 1968	25th November 1973
55	26th November 1963	25th November 1968



8. Team Events (Relay Events)

Novices	Both for Men & Women - 4 x 100M & 4 x 400M
Championship	Both for Men & Women - 4 x 100M & 4 x 400M
30+	Both for Men & Women - 4 x 100M & 4 x 400M
35+	Both for Men & Women - 4 x 100M & 4 x 400M
40+ & 45+ Combined	Both for Men & Women - 4 x 100M & 4 x 400M
50+ & 55+ Combined	Both for Men & Women - 4 x 100M & 4 x 400M

Only 01 Relay team is allowed to participate from each company for each age group.

9. Individual Events

Each Athlete can take part in only three (03) individual events and two (02) relay events

10. Entries

All entries should be sent only in the given format and instructions given in the entry form should be clearly understood prior to fill the entry forms.

Entry forms should be forwarded on or before 15-10-2023 as follows:

Following documents should be sent as an E Mail to
mafsrilanka@mercantileathletics.com

- **Images** of the hard copies signed by authorized officials of the Company with rubber stamp.
- Completed entry forms in the given format document in document type **Microsoft Excel Worksheet .xlsx** only

Original Entry forms should be handed over during the technical meeting or send through registered post to General Secretary.

Registered post:

Mr. Mahesh Gunaratne

General Secretary - Mercantile Athletics Federation

No 350 , Gall Road ,Panadura

11. Entry Fees

For 01 st Individual Event	Rs.1,000.00
For 02 nd Individual Event	Rs.1,000.00
For 03 rd Individual Event	Rs.1,000.00
For one Relay Team	Rs.4,000.00

12. Competition rules and regulations

The athletics competition will be held in accordance with the current World Athletics rules.

MAF have the right to change the rules and regulations of the 38th Mercantile Annual Athletics Championships 2023



13. Call Room

When athlete report to the call room before each event he / she has to produce NIC or Company ID. The time limit for athletes to report to the call room before each event as follows:

Track Events except Hurdle and Relays	Thirty(30) minutes before the official start of the competition
Hurdle and Relays	Forty (40) minutes before the official start of the competition
Field Event except High Jump	Forty (40) minutes before the official start of the competition
High Jump	Sixty (60) minutes before the official start of the competition
Walk Events	Thirty(30) minutes before the official start of the competition

14. Protest and Appeals

Appeals will be resolved according to the IAAF rules.

Protests concerning the results or conduct of an event shall be made within 30minutes of the official announcement of the result of that event.

It shall be in writing, signed by the athlete, Team manager, and sports secretary with Non Refundable cash deposit of Rs.5,000/=.

15. Medical Control

Mercantile Athletic Federation shall not be responsible for the any accidents and injuries that will occur to the participants during the competition.

16. Awarding Ceremonies

When athlete report to the Awarding Ceremony he/she has to produce NIC or Company ID.

All winners should report to the medal presentation point within 30 mints of the event finish time.

17. Medals for Events

01 st Place	Gold Medal and Certificate
02 nd Place	Silver Medal and Certificate
03 rd Place	Bronze Medal and Certificate

18. Scores for the Individual Events & Relay Events

Place	Individual Events Points	Relay Events Points
1st place	05	07
2nd place	03	05
3rd place	01	03

19. Selection Method

- All Track events select by best timing only (there is no heats and semifinals)
- Throwing events, long jump and triple jump (Only three terms & one throw/ one jump for best 08)
- No any changes of events & final decisions will be taken by organizing committee.



20. Weight Guidelines for Throwing Event at this Championships for age groups:

Age Groups	Shot put	Discuss Throw	Javelin throw
For Women			
35,40,45	4kg	1kg	600g
50,55	3kg	1kg	600g
For Men			
35,40,45	7.26kg	2kg	800g
50,55	6kg	1.5kg	700g

21. 38th Mercantile Athletics Championships – Challenge Trophies

CATEGORY CHALLENGE TROPHIES	
WOMEN	MEN
BEST ATHLETE OVER 55 WOMEN	BEST ATHLETE OVER 55 MEN
BEST ATHLETE OVER 50 WOMEN	BEST ATHLETE OVER 50 MEN
BEST ATHLETE OVER 45 WOMEN	BEST ATHLETE OVER 45 MEN
BEST ATHLETE OVER 40 WOMEN	BEST ATHLETE OVER 40 MEN
BEST ATHLETE OVER 35 WOMEN	BEST ATHLETE OVER 35 MEN
BEST ATHLETE OVER 30 WOMEN	BEST ATHLETE OVER 30 MEN
BEST ATHLETE NOVICES WOMEN	BEST ATHLETE NOVICES MEN
BEST ATHLETE CHAMPIONSHIP WOMEN	BEST ATHLETE CHAMPIONSHIP MEN
BEST ATHLETE WOMEN	BEST ATHLETE MEN
OVERALL MASTERS CHAMPIONS - WOMEN	OVERALL MASTERS CHAMPIONS - MEN
OVERALL NOVICES CHAMPIONS - WOMEN	OVERALL NOVICES CHAMPIONS - MEN
OVERALL CHAMPIONSHIP CHAMPIONS - WOMEN	OVERALL CHAMPIONSHIP CHAMPIONS - MEN
OVERALL RUNNERS UP - WOMEN	OVERALL RUNNERS UP - MEN
OVERALL CHAMPIONS - WOMEN	OVERALL CHAMPIONS - MEN

38 th MERCANTILE ANNUAL ATHLETIC 10th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 10th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 09th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 08th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 07th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 06th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 05th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 04th place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - 03 rd place
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - RUNNERS UP
38 th MERCANTILE ANNUAL ATHLETIC CHAMPIONSHIPS - CHAMPIONS



Documented on behalf of the Committee of Mercantile Athletics Federation;

General Secretary - Mercantile Athletics Federation
mafsrilanka@mercantileathletics.com

**Mercantile Athletics Federation
Protest and Appeal Form – Competitions**

Event No..... Event

Name of Company

Name of Participant Name Bib no.....

Name of participant Number

Gender

Age Group

Appeal handed over at (Time) Date

Name of Person Forwarding the appeal

Participant Signature

Team Manager Signature.....

Designation

Appeal

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Decision of the July of Appeal

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Appeal will be resolved according to the World Athletics rules.

Protests concerning the results or conduct of an event shall be made within 30 minutes of the official announcement to the result of that event.

It shall be in writing, signed by the athlete, Team manager, and sports secretary with Non Refundable cash deposit of Rs.5,000.00

