

**MERCANTILE ATHLETIC FEDERATION
MERCANTILE ATHLETIC CHAMPIONSHIP RECORDS
(MEN & WOMEN CHAMPIONSHIP)**



• **MEN CHAMPIONSHIP**

100 M	10.40 sec	Sampath Weerasinghe	Slimline	2006
200 M	22.50 sec	Nuwan Vidanagama	Sampath Bank	2006
400 M	50.68 sec	Sachira Jayasinghe	Nations Trust Bank	2015
800 M	2:04.01 min	N Dayasiri	Ruhunu Cement	1997
1500 M	4:04.01 min	A V Silva	Mahesh Garments	1985
5000 M	15:33.00 min	P.K.N Arunasiri	Ceylon Breweries	1985
110M H	14.90 sec	V G N Tharanga	Sampath Bank	2001
400M H	57.19 sec	A M H D Abeysinghe	Commercial Credit & Finance PLC	2015
Long Jump	7.10 M	U C Weerasinghe	Slimline	2003
High Jump	2.00 M	Naleen Priyadharshana	Slimline	2006
Triple Jump	15.12 M	U C Weerasinghe	Slimline	2003
Shot Putt	14.62 M	T F Alailima	Power World	2001
Discus Throw	51.59 M	T F Alailima	Power World	2007
Javelin Throw	67.89 M	A B P Nishantha	Sierra Construction	2003
Hammer Throw	29.20 M	W K B A D Fernando	Airport & Aviation Services (SL) LTD	2016

• **MEN NOVICES**

100 M	11.20 sec	M P I L Anurudda M.Vinod Lakshitha	MAS Holdings (PVT) LTD MAS Holdings (PVT) LTD	2010 2017
200 M	22.80 sec	R P D S Rankoth	Ceylinco	2008
400 M	50.80 sec	Asanka Seenadeera	Stretchline	2008
800 M	2:00.07 min	Asanka Seenadeera	Stretchline	2008
1500 M	4:06.07 min	P.K.N Arunasiri	Ceylon Breweries	1985
5000 M	16:11.72 min	E M M G R Disanayake	Colombo Dockyard	2014
110M H	17.30 sec	Enoch Santiago	Gestetner of Ceylon PLC	2016
400M H	58.80 sec	R Samarasinghe	Ceylinco	2003
Long Jump	6.89 M	K Nalin Perera	Tobacco	2007
High Jump	1.88 M	K V Wijesinghe	Kanrich Finance (PVT) LTD	2016
Triple Jump	13.80 M	K Nalin Perera	Tobacco	2007
Shot Putt	13.03 M	S S Vaheesan	MAS Holdings (PVT) LTD	2016
Discus Throw	34.37 M	Sajith Munasinghe	Sampath Bank PLC	2013
Javelin Throw	56.71 M	D.P.S.S Horathota	SriLankan Airlines	2000
Hammer Throw	19.89 M	Buddhika Tennakoon	NDB Bank PLC	2017

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• **Vet 30+ Men**

100 M	11.70 sec	K A Mahesh Gunartne P K D D M Alwis	Nations Trust Bank MAS Holdings (PVT) LTD	2016 2017
200 M	24.50 sec	K A Mahesh Gunartne	Nations Trust Bank	2016
400 M	55.23 Sec	Chinthaka Nanayakkara	Virtusa (Pvt) Ltd	2017
800 M	2:10.1 min	P Wikneswaran	MAS Holdings	2016
1500 M	04:29.7 min	P Wikneswaran	MAS Holdings	2016
5000 M	16:05.0 min	P Wikneswaran	MAS Holdings	2016
1500 M walk	09:14.6 min	Chinthaka Jayakody	Sampath Bank PLC	2017
110M H	18.10 Sec	M.W.V.R Nadeera Viyanage	MAS Holdings (PVT) LTD	2017
400M H	1.05.1 min	Chinthaka Nanayakkara	Sampath Bank PLC	2017
Long Jump	6.22 M	K A Mahesh Gunartne	Nations Trust Bank	2016
High Jump	1.95 M	M.W.V.R Nadeera Viyanage	MAS Holdings (PVT) LTD	2017
Triple Jump	12.89 M	M.W.V.R Nadeera Viyanage	MAS Holdings (PVT) LTD	2017
Shot Putt	11.57 M	W K B A D Fernando	Airport & Aviation Services (SL) LTD	2017
Discus Throw	40.25 M	M M S I Munasinghe	Sampath Bank PLC	2016
Javelin Throw	55.06 M	Amila Wijekoon	Sampath Bank PLC	2016
Hammer Throw	29.12 M	W K B A D Fernando	Airport & Aviation Services (SL) LTD	2017

• **Vet 35+ Men**

100 M	11.70 sec	T Ishan Lanthra G Indika	Ceylinco Insurance PLC Colombo Dock yard	2013 2013
200 M	23.67 sec	Nuwan Vidanagamage	Sampath Bank PLC	2015
400 M	53.39 sec	G Indika	Colombo Dockyard PLC	2014
800 M	02:10.52 min	S Jeevakumaran	MAS Holdings	2014
1500 M	04:22.32 min	S Jeevakumaran	MAS Holdings	2014
5000 M	16:43.55 min	S Jeevakumaran	MAS Holdings	2014
1500 M walk	7:21.9 min	Jagath Weerasooriya	Sunwell Group	2007
110M H	15.20 Sec	Nuwan Vidanagamage	Sampath Bank PLC	2017
400M H	1:02.5 min	Roshan Samarasinghe	Ceylinco	2008
Long Jump	6.40 M	Nuwan Vidanagamage	Sampath Bank PLC	2015
High Jump	1.55 M	Mr O B A R Fonseka	SriLankan Airlines	2014
Triple Jump	12.49 M	S D C S Weerasinghe	MAS Holdings	2013
Shot Putt	11.9 M	G P R De S Gunawardana	MAS Intimates	2017
Discus Throw	32.92 M	Prabash Gunawardhana	MAS Holdings (PVT) LTD	2016
Javelin Throw	49.22 M	K D K Fernando	SriLankan Airlines	2011
Hammer Throw	25.14 M	K A P Indika	Janashakthi Insurance PLC	2016

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• **Vet 40+ Men**

100M	11.80 Sec	Indika Gamlath	Colombo Dockyard PLC	2017
200M	23.90 sec	Indika Gamlath	Colombo Dockyard PLC	2017
400M	55.46 Sec	Indika Gamlath	Colombo Dockyard PLC	2017
800M	2:18.4 min	S Jeewakumaran	MAS Holdings (PVT) LTD	2017
1500M	4.48.3 min	S Jeewakumaran	MAS Holdings (PVT) LTD	2017
5000M	18.19.3 min	S Jeewakumaran	MAS Holdings (PVT) LTD	2017
1500M walk	8:23.2 min	Gamini Ranatunga	SriLankan Airlines	2006
110M H	18.50 sec	B S C Tilakaratne	A.A.S.L	2008
400M H	1:05.4 min	Roshan B Samarasinghe	The Finance Company PLC	2012
Long Jump	6.22 M	H J S De Siriwardene	AASL	2014
High Jump	1.55 M	Gamini Weerasinghe	SriLankan Airlines	2003
		M R S Mawala	SriLankan Airlines	2010
		U L P T Perera	Janashakthi Insurance PLC	2012
Triple Jump	11.93 M	S A S J Pathinayake	Smart Shirt Lanka LTD	2013
Shot Putt	10.66 M	S Elapatha	Green Lanka	2011
Discus Throw	34.04 M	L D B Samaratunga	Taj Airport Garden	2009
Javelin Throw	51.51 M	K D K Fernando	SriLankan Airlines	2012
Hammer Throw	20.85 M	U.R Jayasingha	MAS Holdings (PVT) LTD	2017

• **Vet 45+ Men**

100M	12.20 Sec	G R Amarasinghe	Ceylon Fertilizer CO LTD	2017
200M	25.70 Sec	G R Amarasinghe	Ceylon Fertilizer CO LTD	2017
400M	57.00 Sec	H L N Kapila	Sri Lanka Telecom PLC	2016
800M	2:21.5 min	J A A S Kumara	Lake House	2012
1500M	5:10.2 min	J A A S Kumara	Lake House	2012
3000 M	11:52.35 min	H M G Priyantha	SriLanka Telecom PLC	2014
5000M	22:32.4 min	M P G Sarath	Dockyard	2008
1500M walk	8:51.7 min	S Rajapaksha	Dock yard	2010
110M H	18.50 sec	Tissa Amarasena	SriLankan Airlines	2008
400M H	1:00.9 min	J A A S Kumara	Lake House	2011
Long Jump	5.38 M	Susantha Mawala	SriLankan Airlines	2011
High Jump	1.60 M	Susantha Mawala	SriLankan Airlines	2012
Triple Jump	11.04 M	B S C Thilakaratne	A.A.S.L	2009
Shot Putt	10.59 M	L B D Samarathunga	The Gateway Hotel Airport Garden	2013
			Sri Lanka	
Discus Throw	38.42 M	L B D Samarathunga	Gateway Hotel	2011
Javelin Throw	47.79 M	G S Labroy	Janashakthi	2009
Hammer Throw	21.51 M	H M P Geekiyanage	Sri Lanka Telecom PLC	2017

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• **Vet 50+ Men**

100M	12.40 sec	P A D S Wilfred	Haikawa	2008
200M	26.30 sec	P A D S Wilfred	Haikawa	2008
400M	1:00.5 min	R A D G Ranathunge	SriLankan Airlines	2016
800M	2.31.0 min	R A D G Ranathunge	SriLankan Airlines	2017
1500M	5:19.4 min	Sunil Karunaratne	Telecom	2008
3000M	12:32.1 min	M A C V Fernando	Hilton Colombo	2016
1500M walk	8:40.72 min	Mr S Rajapaksha	Colombo Dockyard PLC	2014
110M H	16.90 sec	Gamini Weerasinghe	SriLankan Airlines	2008
400M H	1.07.8 min	R A D G Ranathunge	SriLankan Airlines	2017
Long Jump	5.37 M	G L Jayasundara	A.A.S.L	2003
High Jump	1.60 M	M R R S Mawela	SriLankan Airlines	2016
Triple Jump	11.12 M	G L Jayasundara	A.A.S.L	2003
Shot Putt	11.47 M	L D Samarathunga	The Gateway Hotel Airport Garden	2016
Discus Throw	39.40 M	L D Samarathunga	Gateway Hotel	2015
Javelin Throw	45.26 M	W A J Jayalal	Hotel Developas (Lanka) PLC	2016
Hammer Throw	25.41 M	L D Samarathunga	The Gateway Hotel	2017

• **Vet 55+ Men**

100M	13.50 sec	G L Jayasundara	Body Bar	2010
200M	28.60 sec	Srilal Alahakoon	Vee Power Solutions (PVT) LTD	2017
400M	1.06.6 min	Srilal Alahakoon	Vee Power Solutions (PVT) LTD	2017
800M	2:35.1 min	K G Sunil Karunaratna	Tele Com	2013
1500M	5:23.18 min	K G Sunil Karunaratna	Tele Com	2014
3000M	11:56.1 min	K G Sunil Karunaratna	Tele Com	2013
1500M walk	9.09.3 min	R Sunil	Colombo Dockyard PLC	2017
110M H	20.2 sec	Y T Amarasena	SriLankan Airlines	2017
400M H	1.20.4 min	S R Silva	SriLankan Airlines	2017
Long Jump	5.02 M	G L Jayasundara	Body Bar	2010
High Jump	1.40 M	Gamini Weerasinghe	SriLankan Airlines	2010
Triple Jump	10.24 M	G L Jayasundara	Body Bar	2010
Shot Putt	10.78 M	Mr I M Rajiva Wijetune	MAS Intimates, Unichela Koggala	2014
Discus Throw	33.71 M	P S G De Zoysa	Australian College of Business & Technology (PVT) LTD	2016
Javelin Throw	37.06 M	A Wickramasinghe	SriLankan Airlines	2011

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• **WOMEN CHAMPIONSHIP**

100 M	11.6 sec	Damayanthi Darsa	Pan Asia Bank	2001
200 M	23.7 sec	Damayanthi Darsa	Pan Asia Bank	2001
400 M	59.6 sec	Shiwanthi Rathnayake	Janashakthi Insurance PLC	2013
800 M	2:19.02 min	Jayamini Illeperuma	H N B	1997
1500 M	4:50.02 min	T K Kularathne	Janashakthi Insurance PLC	2009
3000 M	11:27.3 min	Y M S K Yaparathna	MAS Holdings	2014
5000 M	20: 09.08 min	R R Chamika Jayamini	Janashakthi Insurance PLC	2012
100M H	13.5 sec	Sriyani Kulawansa	H N B	2001
400M H	1:05.9 min	Nayomika Jayathilaka	Janashakthi Insurance PLC	2013
Long Jump	5.75 M	Nayanthi Kumari	Trico Group	1997
High Jump	1.80 M	R A K P Madumanthi	Janashakthi Insurance PLC	2012
Triple Jump	11.79 M	Hiruni Weerasekara	Janashakthi	2011
Shot Putt	10.30 M	T Anusha	Janashakthi	2010
Discus Throw	36.98 M	T Anusha	Janashakthi	2010
Javelin Throw	33.42 M	B A Y Sanduni Bollegala	Seylan Bank	2010
Hammer Throw	18.95 M	Chaturi Herath	Sampath Bank PLC	2017

• **WOMEN NOVICES**

100 M	12.40 sec	Shyami Jayasekara	Nation Trust Bank PLC	2013
200 M	27.70 sec	Sumudu Jayasekara	Nation Trust Bank PLC	2012
400 M	1:06.1 min	N Nilmini	Tristar Apparel	2001
800 M	2:38.8 min	M H M Silva	Noratel International (PVT) LTD	2017
1500 M	5:38.2 min	K D Manahari	AASL	2010
3000 M	12:19.45 min	S S Kumari	MAS Active Contourline	2014
5000 M	23:19.3 min	P G S T Kumari	Smart Shirt	2010
100M H	17.90 sec	B.M Praboda	Slimline	2001
400M H	1:23.8 min	M C Ekanayake	MAS – Counterline	2011
Long Jump	4.96 M	D.M.R Priyadarshini	Slimline	2001
High Jump	1.50 M	Rasuni Karunarathne	Seylan Bank	2007
Triple Jump	9.68 M	Nadika Walpola	Arpico	2000
Shot Putt	8.89 M	H A H Erandi	SriLankan Airlines	2017
Discus Throw	32.20 M	H A H Erandi	SriLankan Airlines	2017
Javelin Throw	32.80 M	D Shalini Fernando	HNB	2007
Hammer Throw	8.32 M	Dinesha Sandamali	MAS Holdings (PVT) LTD	2017

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• **Vet 30+ (Women)**

100 M	13.70 sec	Indumathi Karunathilaka	MAS Holdings (PVT) LTD	2017
200 M	29.00 sec	Indumathi Karunathilaka	MAS Holdings (PVT) LTD	2017
400 M	1.05.00 min	Indumathi Karunathilaka	MAS Holdings (PVT) LTD	2017
800 M	2:46.9 min	R K A Sandeepa Sandamali	MAS Holdings (Unichela)	2012
1500 M	5:57.6 min	R K A Sandeepa Sandamali	MAS Holdings (Unichela)	2012
800M walk	5.21.2 min	Lasanthika Chandrani Wijarathnayaka	MAS Holdings (PVT) LTD	2017
110 M H	22.30 sec	Gayathri Samaranayake	HNB	2011
Long Jump	4.27 M	Gayathri Lankathilake	HNB	2010
High Jump	1.23 M	Rohini Ramyalatha	MAS Holdings (PVT) LTD	2016
Triple Jump	8.75 M	K N Jayathunga	Singer (Sri Lanka) PLC	2016
Shot Putt	8.90 M	S Samarasinghe	Hatton National Bank PLC	2012
Discus Throw	27.40 M	S Samarasinghe	Hatton National Bank PLC	2013
Javelin Throw	27.78 M	S Samarasinghe	Hatton National Bank PLC	2013
Hammer Throw	14.25 M	Gayesha Dissanayake	David Pieris Motor Company Ltd	2017

• **Vet 35+ (Women)**

100 M	13.7 sec	H H Thambaralatha	SL Telecom	2008
200 M	29.0 sec	H H Thambaralatha	SL Telecom	2008
400 M	1:11.5 min	H H Thambaralatha	SL Telecom	2007
800 M	2.49.2 min	Y M S K Yaparathna	MAS Holdings (PVT) LTD	2017
1500 M	5.41.9 min	Y M S K Yaparathna	MAS Holdings (PVT) LTD	2017
800 M walk	5:24.2 min	Nileesha G Siriwardhana	Sri Lanka Tele Com	2013
110 M H	20.01 sec	W K I U Priyangika	SriLankan Airlines	2014
400 MH	1:41.29 min	W K I U Priyangika	SriLankan Airlines	2014
Long Jump	4.21 M	W A Sueewa Dilrukshi	MAS Holdings (Unichela)	2012
High Jump	1.31 M	A S P De Silva	SriLankan Airlines	2017
Triple Jump	9.21 M	A S P De Silva	SriLankan Airlines	2016
Shot Putt	9.11 M	S V Samarasinghe	Hatton National Bank	2017
Discus Throw	23.93 M	S V Samarasinghe	Hatton National Bank	2017
Javelin Throw	24.96 M	S V Samarasinghe	Hatton National Bank	2017
Hammer Throw	15.2 M	M.K.S Lakmali Perera	MAS Holdings (PVT) LTD	2017

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• **Vet 40+ (Women)**

100 M	15.10 Sec	W K I U Priyangika	SriLankan Airlines	2016
200 M	32.70 sec	H H Thambaralatha	SriLanka Telecom PLC	2013
400 M	1:11.0 min	Deepika Hemanthi	Colombo Dock Yard	2013
800 M	2:45.81 min	Deepika Hemanthi	Colombo Dock Yard	2015
1500 M	5:32.1 min	Deepika Hemanthi	Colombo Dockyard	2013
800 M walk	5:13.42 min	N.G Siriwardana	SriLanka Telecom PLC	2014
80 M H	32.60 sec	U Peiris	Lake House	2009
100 M H	15.80 Sec	W K I U Priyangika	SriLankan Airlines	2016
Long Jump	4.12 M	W.A Sujeewa Dilrukshi Malkanthi	MAS Holdings (PVT) LTD	2017
High Jump	1.19 M	Nadeera kuruppu	Hatton National Bank	2017
Triple Jump	7.54 M	W K I U Priyangika	SriLankan Airlines	2017
Shot Putt	7.70 M	Sanjeewani peiris	Sampath Bank PLC	2013
Discus Throw	22.81 M	Sanjeewani peiris	Sampath Bank PLC	2013
Javelin Throw	23.85 M	M G L S Kumarasinghe	SriLankan Airlines	2014
Hammer Throw	11.79 M	S M Welikala	Airport & Aviation Services (SL) LTD	2017

• **Vet 45+ (Women)**

100 M	14.50 Sec	K P Priyangani	Sri Lanka Telecom PLC	2016
200 M	31.20 Sec	K P Priyangani	Sri Lanka Telecom PLC	2016
400 M	1.16.7 min	K M T K Bandara	Crystal Martin Ceylon (PVT) LTD	2017
800 M	3:02.2 min	Hansa Withanawasam	SriLankan Airlines	2013
1500 M	6.44.8 min	Rupika Irangani	MAS Holdings (PVT) LTD	2017
800 M walk	5:14.7 min	Manouri Liyanage	DFCC Group	2013
100 M H	18.10 sec	Priyangani Pathirana	SriLanka Telecom PLC	2016
400 M H	2:02.2 min	Udula Indra	Lake House	2012
Long Jump	3.72 M	I L I K.Gunathilake	SriLanka Telecom PLC	2017
High Jump	1.13 M	A A Chithra Kumari Wijesuriya	Sri Lanka Telecom PLC	2017
Triple Jump	7.23 M	M D P M Sriyalatha	MAS Holdings (PVT) LTD	2016
Shot Putt	8.07 M	Shriyani Weerasinghe	Singer SriLanka	2008
Discus Throw	22.05 M	Shriyani Weerasinghe	Singer SriLanka	2008
Javelin Throw	23.53 M	Shriyani Weerasinghe	Singer SriLanka	2007
Hammer Throw	13.69 M	R D A Priyadharshani	Sri Lanka Telecom PLC	2017

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• **Vet 50+ (Women)**

100 M	15.90 sec	M M B Damayanthi	ADIFFA	2010
200 M	34.00 sec	M M B Damayanthi	ADIFFA	2010
400 M	1.23.3 min	K W P Renuka	Sri Lanka Telecom PLC	2017
800 M	3:00.6 min	S H R Silva	M&E Turnkey	2010
1500 M	7:13.8 min	S H R Silva	M&E Turnkey	2010
800 M walk	5:09.2 min	K M E Wijesinghe	SriLanka Telecom PLC	2016
Long Jump	3.87 M	M M B Damayanthi	ADIFFA	2010
High Jump	1.16 M	W A S Prasangika	Sri Lanka Telecom PLC	2017
Triple Jump	6.93 M	Priyanka Sirisena	SriLankan Airlines	2017
Shot Putt	8.08 M	Shiromi Madawala	SriLanka Telecom PLC	2016
Discus Throw	21.78 M	Shiromi Madawala	SriLanka Telecom PLC	2015
Javelin Throw	23.34 M	Shiromi Madawala	SriLanka Telecom PLC	2016
Hammer Throw	18.16 M	A M P C N Wathsala	Airport & Aviation Services (SL) LTD	2017

• **Vet 55+ (Women)**

100 M	15.9 sec	A M P K Senevirathna	Sri Lanka Telecom PLC	2016
200 M	35.2 sec	H Rani Chithrani Soysa	Sri Lanka Telecom PLC	2017
400 M	1.27.5 min	H Rani Chithrani Soysa	Sri Lanka Telecom PLC	2017
800 M	4.02.9 min	K M E Wijesinghe	Sri Lanka Telecom PLC	2017
800 M walk	5.18.7 min	K M E Wijesinghe	Sri Lanka Telecom PLC	2017
Long Jump	3.19 M	D M I Karunarathna	Sri Lanka Telecom PLC	2017
Shot Putt	6.56 M	Krishanthi Perera	SriLankan Airlines	2017
Discus Throw	14.95 M	W A Premalatha Menike	SriLanka Telecom PLC	2016

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Relay - Men

4 X 100 M Relay	Men Championship	44.13 sec	Sampath Bank PLC	2014
4 X 400 M Relay	Men Championship	3 : 33.3 min	Ceylinco	2008
4 X 100 M Relay	Men Novices	45.7 sec	Ceylinco	2006
4 X 400 M Relay	Men Novices	3:22.2 min	Colombo Dock Yard	2009
4 X 100 M Relay	Men Over 30	47.91 sec	MAS Holdings (PVT) LTD	2017
4 X 400 M Relay	Men Over 30	4.00.5 min	Sampath Bank PLC	2017
4 X 100 M Relay	Men Over 35	50.43 sec	Colombo Dockyard PLC	2014
4 X 400 M Relay	Men Over 35	4:07.91	Commercial Credit & Finance PLC	2014
4 X 100 M Relay	Men Over 40 to 45	51.0 sec	Sampath Bank PLC	2016
4 X 400 M Relay	Men Over 40 to 45	4.05.6 min	SriLanka Telecom PLC	2017
4 X 100 M Relay	Men Over 50 to 55	53.0 sec	SriLankan Airlines	2017
4 X 400 M Relay	Men Over 50 to 55	4:27.4 min	Lake House	2015

Relay - Women

4 X 100 M Relay	Women Championship	50.8 sec	Nation Trust Bank PLC	2012
4 X 400 M Relay	Women Championship	4:08.00 min	Unichella	2006
4 X 100 M Relay	Women Novices	56.0 sec	Slimline	2001
4 X 400 M Relay	Women Novices	4:44.5 min	MAS Holdings	2010
4 X 100 M Relay	Women Over 30	1.02.0 min	MAS Holdings (PVT) LTD	2017
4 X 400 M Relay	Women Over 30	5.13.5 min	MAS Holdings (PVT) LTD	2017
4 X 100 M Relay	Women Over 35	1.04.3 min	MAS Holdings (PVT) LTD	2017
4 X 400 M Relay	Women Over 35	5.22.2 min	MAS Holdings (PVT) LTD	2017
4 X 100 M Relay	Women Over 40 to 45	1.04.7 min	MAS Holdings (PVT) LTD	2017
4 X 400 M Relay	Women Over 40 to 45	5.35.1 min	MAS Holdings (PVT) LTD	2017
4 X 100 M Relay	Women Over 50 to 55	1.09.7 min	Sri Lanka Telecom PLC	2017
4 X 400 M Relay	Women Over 50 to 55	6.14.8 min	Sri Lanka Telecom PLC	2017